



Havering '90 Joggers

Re-location Project

- Problem
- Abs Cross is no longer a viable base for the twice weekly club runs for the foreseeable future (minimum 12 months)
- Solution
- Secure a base for twice weekly runs

Objective

Bring people
together safely
to run

Ideal Features

- A secure venue committed to hosting H90J on Tuesday and Thursday evenings
- A hospitable and amiable venue
- An affordable venue
- Open green, safe spaces to run and train
- Offering varied safe routes to run from
- Ample free parking
- Located in Havering

Shortlist of Possible Venues

- YMCA
- ST LAURENCE CHURCH HALL
- BRETTONS OUTDOOR CENTRE
- HARROW LODGE LEISURE CENTER
- HORCHURCH NORTH STREET HALLS
- HARROW LODGE CRICKET & HOCKEY CLUB
- ELM PARK ASSEMBLY HALL
- TWO GABLES
- ARDLEIGH HALL

Possible venues

YMCA

- Pros
 - Have rooms for hire
 - Happy to work with us
 - Familiar location
- Cons
 - 50% increase in rate
 - No Green spaces for training
 - Limited range of runs
 - Limited Parking
 - Negative ambience

Brettons Outdoor Centre

- Pros
- Good Green open spaces
- A range of runs available
- Familiar location
- Cons
- Limited meeting rooms
- No response from the centre despite 2 emails and 2 phone messages
- Other club conflict on our chosen nights

Hornchurch North Street Halls

- Pros
- Cons
- Familiar location
- No Green open spaces
- A range of runs available
- No private parking

Elm Park Assembly Hall

- Pros
- Cons
- Familiar location
- No Green open spaces
- A range of runs available
- Paid parking

Ardleigh House Community Assoc.

- Pro
- Familiar location
- Rang of Street runs
- Cons
- No Open Green Space
- Limited parking
- No response from 2 messages

St Laurence Church Hall

- Pros
- Access to Open Green Spaces
- Familiar location
- Cons
- Very limited parking
- Brownies finish at 7.15
- From 7.30 Tues
- Beavers finish at 7.15
- From 7.30 Thur
- Hall £66 per session
- (Thurs £54 small hall)

Harrow Lodge Leisure Centre

- Pros
- Familiar Location
- Open Green Spaces
- New Facility
- Cons
- Likely introduction of parking fees
- They don't want us / can't help us

Harrow Lodge Cricket & Hockey Club

- Pros
- Familiar Location
- Open Green Spaces
- Cons
- Likely introduction of parking charges
- Summer clash with net training
- Need approval from two committees (Hockey & Cricket)
- Cost £50 per night

Two Gables

- Pros
 - Open Green Spaces
 - Ample Parking
 - Refurbished facility
 - Agreed rate of £20 per session
- Cons



**Main Hall – new meeting point / bag drop
Two Gables**



**Ample room to enable social distancing
Two Gables**



Clean, maintained facilities
Two Gables



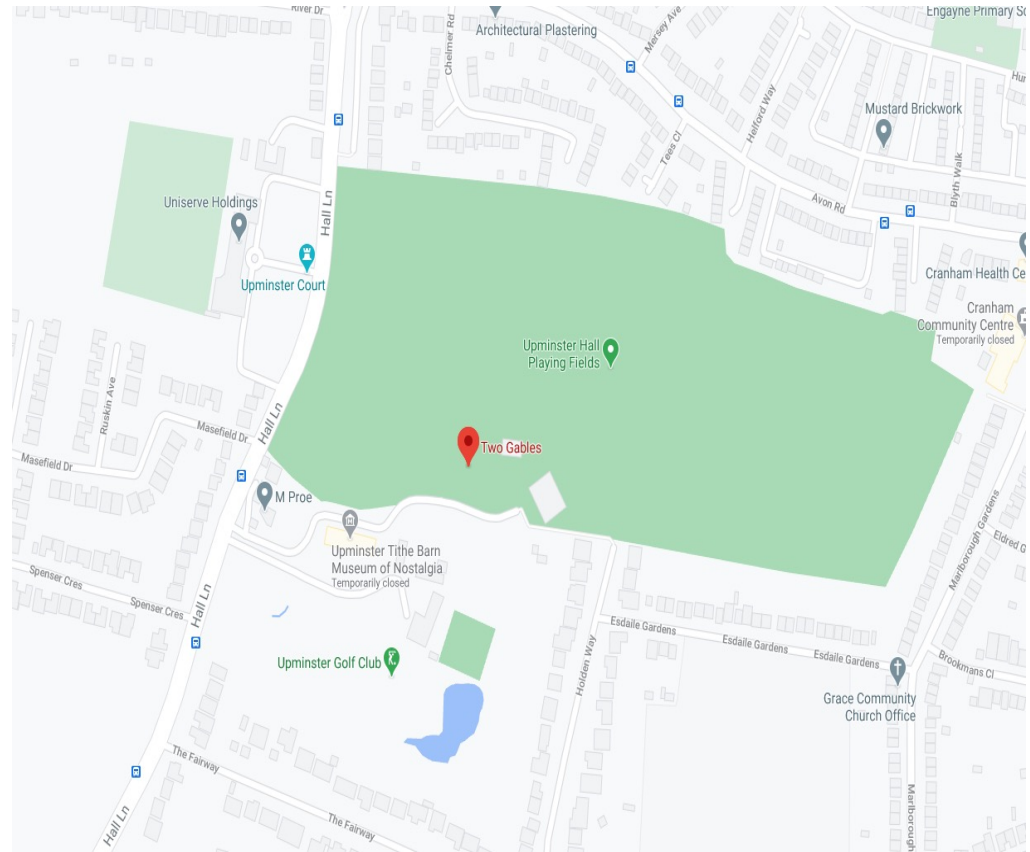
Upminster Playing Fields: Lap of the playing field is 1 Mile, 'Learn to Run' can be contained within the playing fields. Training can take place on the playing fields or adjacent roads

Enhanced benefits

- Bi-fold doors onto playing fields provide an outside meeting area
- Social distancing enabled: venue used as secure bag drop initially
- QR Scanning in place
- Clean and useable toilet facilities
- 2 parking points of access
- Welcoming and accountable staff
- Kitchen area, potential for teas and coffee
- Storage for essentials to obviate storage in personal garages
- Bar, should the need arise

Location

- On Upminster Playing Fields
- Off Hall Lane, Upminster
- 10 min walk from Upminster Station
- Or 3 min by bus – (248) operating every 6 min
- 3 Miles, 10 min drive from Abbs Cross Lane



Key dates

12 April:

Formal organised outdoor running activity that is covid-19 secure can take place

Outdoor non-organised activity in groups of 6.

17 May:

Outdoor sports facilities can open. Formal organised outdoor running activity that is covid-19 secure can take place. Indoor leisure facilities open for use, individually, or in household groups.

21 June:

No legal limits on social contact. Club conditions can return to normal. Individual activity can return to normal.

All subject to Government approval

Checklist for returning to training

Check and follow the latest UK Government guidance.

*Unless an activity is organised by a qualified instructor, it is classed as an informal activity

Run leader Ratio 1:12

Follow the venue guidance.

Maintain social distancing

Runners should be reminded to ensure they have enough food and hydration for the session.

No socialising before or after the session.

Runners must not take part if showing symptoms or are isolating

Proposal

- Agree 12 month contract, with a 3 month break
- Undertake risk assessment to get running again with a plan to resume from the first Tuesday in May
- Schedule qualified coaches for on field training from May
- Initiate volunteer roster for desk duty
- Initiate roster for learn to run from May
- Map a number of runs, ie: 5km, 7km & 5m from venue
- Announce new venue and start date for running, publish guidance, rules and accountability.
- Use as venue for AGM, (pre June, using outside space)
- Point of constitution-change recorded HQ from Abs Cross to Two Gables on a temporary basis. - to LG

Suggest we take a vote on a new
venue